



# Bridge To Recovery Center

75 Washington Avenue, Bridgeport, CT

The Bridge To Recovery Center is a peer-led community center for members to access recovery resources, support groups, outreach programs, and social activities in a non-clinical setting.



## What sets us apart?

### **We offer peer support.**

Peer recovery specialists are people who have lived experience in addiction and recovery and are trained to support you through your process.

Peer services function as a bridge to many community referrals to assist in your recovery.

### **Our Experienced Team**

Our experienced team of recovery coaches, peer recovery specialists and peer supervisors have been where you are and can offer suggestions to guide you through your recovery.

**Our recovery community is there for you because your recovery matters.**

# Our Services



## Peer Support

- Helps members to identify and remove barriers to recovery while linking them to community and recovery resources.
- Provides hope, confidence, social connections, and the skills needed to initiate and maintain the difficult work of recovery.
- One-on-one coaching services to help members on their recovery journey.

## Support Groups

- All Recovery Meetings, including Recovery Dharma, Medication-Assisted Recovery, and SMART Recovery meetings
- 12-Step Meetings
- LGBTQIA+, BIPOC & Latino/Latina Recovery Support Groups
- Family Support Groups

## Workshops and Trainings

- Peer Recovery Coach Training
- Volunteer Orientation
- Overdose Response Training
- Suicide Prevention
- Monthly Hepatitis C Testing
- Pardon Application Workshop
- How to Apply for Affordable Housing

## Community Outreach Partnerships

We collaborate between organizations, service providers, court/justice system, families, and community stakeholders to drive accessibility and connectivity.

## Social Activities

Movie Night, Arts & Crafts, Yoga, Reiki, Movement, Holiday Gatherings, and More.

**English & Bilingual Peer Services Available**  
**For more information and**  
**grand opening details, contact:**

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